PE and Sport Premium Spending - Oxlow Bridge School

Sept 2025- 2026

The Sports premium funding should be used to:

- · support all children and young people to live healthy, active lives
- make participation in PE and school sport easier
- make sure all children can achieve and thrive through increased physical activity and sport, no matter their background or ability
- improve children's health, wellbeing, personal development and academic attainment
- embed the foundations of positive and enjoyable participation in regular physical activity.

The UK Chief Medical Officers recommend:

- children and young people should take part in moderate to vigorous intensity physical activity for at least 60 minutes every day
- disabled children and young people should take part in 20 minutes of physical activity per day

You should aim to provide:

- high-quality PE and sport for at least 2 hours a week
- a wide range of extracurricular sport and competitive opportunities

You must not use this funding for activities within the core curriculum.

Expected Sports Premium Funding - 2025-2026 - £2,000

Spending plan

| Intent | Implementation | Impact | Cost |
|-------------------------------|--------------------------|-----------------------------|-----------|
| Students will access rebound | 12 members of staff will | Students will develop their | £3,640.80 |
| therapy on a trampoline which | complete rebound therapy | strength, co-ordination, | |
| will support physical | training in September. | balance and motor skills. | |

| development including, | | | £2,000 from Sports Premium |
|-----------------------------|------------------------------------|----------------------------------|----------------------------|
| fine/gross motor skills, | The staff will use these skills to | Students will have regular | Funding |
| strength, co-ordination and | implement and support all | access to physical activity. | £1,640.80 from school CPD |
| balance. | students with rebound therapy | | budget |
| | sessions twice per week. | Students will gain confidence | |
| | | in participation in physical | |
| | Sessions will be planned and | activity such as trampolining. | |
| | personalised to suit the needs | | |
| | of the individual. | Rebound therapy will have a | |
| | | positive impact on the health of | |
| | | all students, but particularly | |
| | | those with respiratory | |
| | | problems. | |

The above strategy will be reviewed, evaluated and reported on in July 2026.